



Appendix D - Contractor Health and Safety Assistance

Health and Safety Program Assistance

1. Seek the advice and assistance of your worker's compensation insurer.
2. Seek the services of a health and safety consultant.
3. Seek help from OSHA compliance assistance.

Newport News Shipbuilding cannot guarantee the quality of the work of any of these organizations. Even with OSHA consultant services, the employer remains liable for the accuracy and completeness of his/her health and safety programs.

Health and Safety Program Consultants

Circle Safety & Health Consultants, LLC
6606 West Broad Street, Suite 402
Richmond, VA 23230
(877) 405-0911
<https://www.circlesafety.com>

Safety Management Inc.
5129 Stanart Street
Norfolk, VA 23502-3491
(757) 461-1430
<http://safety-management-inc.com>

Thomas L. Beacham
Marine Chemist & Environmental Consultants
3619 High Street, Suite A
Portsmouth, VA 23707
(757) 465-0100
<http://mc-ec.com>

Garland Hanson
Atlantic Safety LLC
1006 Kingham Drive
Midlothian, VA 23114
(804) 814-5707

Marine Chemist Services, Inc.
11850 Tugboat Lane
Newport News, VA 23606
(757) 873-0933
<https://www.marinechemist.com>

Health and Safety Training

Coastal Training Technologies
500 Studio Drive
Virginia Beach, VA 23452
(757) 498-9014
<https://www.training.dupont.com/about-us/contact-us>

OSHA Training Institute Education Centers
Southeastern OTI Education Center
North Carolina State University
Raleigh, NC 27606
(800) 227-0264
<https://www.ies.ncsu.edu/otieducationcenter/>

Chesapeake Region Safety Council
2555 Lord Baltimore Drive
Baltimore, MD 21244
(800) 875-4770
www.chesapeakeesc.org



Occupational Medicine & Hearing Conservation

Now Care Health and Safety
6632 Indian River Road #103
Virginia Beach, VA 23464
(757) 424-4442

<https://www.bayviewphysicians.com/urgent-care>

Now Care Medical Center
4323 Indian River Road.
Virginia Beach, VA 23456
(757) 424-4300

<https://www.bayviewphysicians.com/urgent-care>

Now Care
7924 Chesapeake Blvd.
Norfolk, VA 23518
(757) 480-0889

<https://www.bayviewphysicians.com/urgent-care>

Now Care Medical Center
3241 Western Branch Blvd., Suite A
Chesapeake, VA 23321
(757) 483-4143

<https://www.bayviewphysicians.com/urgent-care>

Alere Toxicology.
450 Southlake Boulevard
Richmond, VA 23236
(800) 977-9130

<https://www.aleretoxicology.com/home.html>

Alere Toxicology
1342 Court Street
Portsmouth, VA 23704
(800) 340-4029

<https://www.aleretoxicology.com/home.html>

I & O Medical Center
593 Aberdeen Road
Hampton, VA 23661
(757) 825-1100

<https://iandomedical.com>

I & O Medical Center
1290 Diamond Springs Rd.
Virginia Beach, VA 23455
(757) 460-0700

<https://iandomedical.com>

I & O Medical Center
838-A Old George Washington Highway
Chesapeake, VA 23323
(757) 487-9600

<https://iandomedical.com>

I & O Medical Center
704 thimble Shoals Blvd. Suite 200
Newport News, VA 23606
(757) 240-5580

<https://iandomedical.com>

Henderson & Associates
P.O. Box 2443
Elizabeth City, NC 27906
(252) 331-1494

<https://hendersonandassoc.com>

Taylor Made Diagnostics
803 Diligence Drive
Newport News, VA 23606
(757) 223-7934

<http://www.taylormadediagnostics.com>

Taylor Made Diagnostics
801 Poindexter Street, Suite 218
Chesapeake, VA 23323
(757) 494-1688

<http://www.taylormadediagnostics.com>



Health and Safety Supplies

Major Safety Service
4500 Patent Road
Norfolk, VA 23502-5605
(800) 446-8274
<https://www.majorsafety.com>

OBBCO Safety & Supply, Inc.
1737 South Park Court
Chesapeake, VA 23320
(757) 420-4000
<https://obbcosafetysupply.com>

Arc3 Gases
3 Lockwood Drive
Hampton, VA 23661-1440
(757) 728-9353
<https://arc3gases.com>

Fastenal
408 Aberdeen Road
Hampton, VA 23661
(757) 838-0079
<https://www.fastenal.com>

Health and Safety Equipment Rental

CIH Equipment Co.
1806 South Highland Avenue
Clearwater, FL 33756
(888) 873-2443
<https://eihequipment.com>

Safeware
4403 Forbes Boulevard
Lanham, MD 20706
(800) 331-6707
<https://www.safewareinc.com>

Health and Safety on the Internet

<https://www.osha.gov>

<https://www.cdc.gov/niosh>

<https://www.safetyinfo.com>

<https://www.ergoweb.com>

https://www.osha.gov/dts/maritime/guidance_documents.html

<http://safetylink.com>

https://www.sciencedaily.com/news/health_medicine/

<https://osherc.sph.unc.edu/>

<https://www.kellersonline.com>